

Health Benefits of Green Juices

Green juices drench your body in plant nutrients & chlorophyll (liquid sunshine). The enzymes in fresh green juice improve your digestive health & 80% of your immune system lives in your gut. Here are some of the healing, detoxifying properties in every cup.

- Reduces inflammation – which is at the root of every known chronic disease
- Cleanses blood, increases oxygen in your cells, balances blood sugar
- Energy & mood boost
- Improves liver, kidney, gal bladder & lung function
- Stronger hair & nails plus glowing skin
- Concentrated dose of quick-absorbing vitamins & minerals

